

Thirroul Ski Club

Junior Sports Report 2015

We had a very successful junior sports program once again in 2015. This year's development and training was held over 2 booking periods, a weekend 19 - 21 June and during the school holidays 26 June – 1 July. This was followed by a Junior Race weekend where our juniors put practice and skills to the test.

This year we focused on the disciplines of downhill skiing and snowboarding. Due to the lack of natural snow cover at both training programs we were unable to do any cross country training.

JUNIOR TRAINING - 19-21 June 2015

The first junior training weekend's objectives were about reviewing skills and creating collaboration within the junior team. It was a time to meet each other, make friends and ski together to establish the team atmosphere in the lodge and on the slopes. The following kids attended the weekend (ages in brackets):

- Jasmine Barnes (12)
- Caleb Barnes (10)
- Olivia Cox (12)
- Dylan Cox (9)
- Maddi Markey (11)
- Jack Markey (9)
- Thomas Walker (10)
- Benjamin Walker (8)
- Alicia Spiers (8)

The weekend was a fun weekend with the kids even getting a chance to get on a race course for some training on the Sunday.

JUNIOR DEVELOPMENT WEEK - 26 June - 1 July 2015

The second period during the school holidays focused on skiing skills development and self-responsibility. This training was geared towards teaching the kids race skills as all participants were required to race for the club later in the year. Training sessions were held to develop skills in carve turns, quick turns, balance, and correct weight posture. The kids who attended the junior development week were:

- Sam Knight (15)
- Olivia Knight (15)
- Oscar Olsen (13)
- Maggie Olsen (8)
- Jasmine Barnes (12)
- Caleb Barnes (10)
- Olivia Cox (12)
- Andre Prideaux (12)
- Max Riolo (11)
- Lily Riolo (9)
- Charlotte Riolo (8)
- Madison Markey (11)
- Jack Markey (10)

We started off all skiing together and then split up into different groups. A combination of using adults and Perisher instructors was used to split the kids for the best training over the week. All the kids had a great time despite there being only man-made snow and thus a limited area to ski on. Well done to the coaches James and Daniel in the limited snow.

It was unfortunate that the cross country training had to be cancelled. However, it gave the kids some additional time on the snowboards.

Illawarra Junior Interclub Race Weekend – 4 - 6 Sept

This year's junior development culminated in a third weekend when the Illawarra Junior Interclub Races were held for downhill, boarding and cross country disciplines. We entered teams in the Alpine Giant Slalom (GS), Snowboard GS and Cross Country races. The Upper Roller Coaster race course was used for the GS races (this is the one at the top of Brumby T-Bar at Blue Cow).

After lunch we gathered at the cross country area where the kids did one lap of a course that was approximately 900 metres long. It was a hard fought event with some tough hills. Most of the kids who raced earlier competed in the event and all performed with distinction by leaving nothing in the tank.

In the late afternoon the Interclub presentations were held at Illawarra Alpine Club in Smiggins –the host club this year. Once again we did well in the awards and the juniors made the club proud. Each year more of our junior team members are standing on the podium. The benefits of the training are really being seen.

Like last year a fun biathlon morning was held on the Sunday run by Friedl at the biathlon course. Everyone enjoyed the experience and the competition.

The results for our club races (from the times of the interclub) are below. Please note that the categories are boys and girls 17 years and under or 13 years and under. A full list of the Interclub results is available on the website, thirroulskiclub.com.au

Giant Slalom Skiing Club Results

Category	Rank	Name	Time 1	Time 2	Combined Time	Divn
Boys U17	1	Oscar Olsen	23.77	23.44	47.21	B17
	2	Sam Knight	26.61	26.23	52.84	B17
Girls U17	1	Olivia Knight	30.21	27.71	57.92	G17
Boys U14	1	Max Riolo	27.03	26.98	54.01	B13
	2	Andre Prideaux	26.99	27.65	54.64	B13
	3	Caleb Barnes	29.72	30.05	59.77	B13
	4	Jack Markey	32.87	34.60	67.47	B13
	5	Reece Masters	34.13	34.32	68.45	B13
	6	Dylan Cox	41.49	39.84	81.33	B13
Girls U14	1	Jasmine Barnes	27.87	27.88	55.75	G13
	2	Olivia Cox	31.15	33.79	64.94	G13
	3	Lily Riolo	32.79	33.54	66.33	G13
	4	Maggie Olsen	36.42	36.33	72.75	G13
	5	Maddi Markey	36.91	35.88	72.79	G13
	6	Charlotte Riolo	39.43	38.23	77.66	G13
	7	Alicia Spiers	79.76	67.09	146.85	G13

There were 5 clubs competing and our team came 2nd. We had the biggest team (16 competitors) and the youngest with only 3 juniors in the older age group. Oscar came 1st in the Under 17 boys, with Max and Andre coming 2nd and 3rd in Under 13 boys. Jasmine came 2nd overall in Under 13 girls. Well done to Alicia, Jack and Maddi who all raced for first time.



Snow Board Giant Slalom Club Results

Category	Rank	Name	Time 1	Time 2	Combined Time	Divn
Boys U17	1	Sam Knight	53.28	44.74	98.02	B17
	2	Oscar Olsen	109.62	90.23	199.85	B17
Girls U17	1	Olivia Knight	44.44	45.89	90.33	G17
Boys U14	1	Andre Prideaux	38.53	38.27	76.80	B13
	2	Max Riolo	54.57	59.26	113.83	B13
	3	Reece Masters	DNF	44.88	N/A	B13
Girls U14	1	Olivia Cox	95.34	DNS	N/A	G13

We only had a small team but managed a 3rd place in this event. The bravery award goes to Olivia Cox who fell and broke her wrist during the first run near the top of the course. However, such was her courage, she was able to force herself up and completed the race. Later scans revealed the break and subsequently she had to pull out of the cross country. True to her club spirit, she left the doctors in a sling and came up to cheer on the team in the cross country.

Again we had some podium places with Andre and Max coming 2nd and 3rd in the Under 13 boys.

Cross Country Club Results

Category	Rank	Name	Min	Sec	Divn
Boys U17	1	Oscar Olsen	4	26.19	B17
	2	Sam Knight	5	6.13	B17
Girls U17	1	Olivia Knight	6	17.10	G17
Boys U14	1	Max Riolo	5	33.81	B13
	2	Andre Prideaux	6	30.27	B13
	3	Caleb Barnes	7	3.30	B13
	4	Jack Markey	8	41.74	B13
	5	Dylan Cox	10	23.26	B13
Girls U14	1	Jasmine Barnes	5	19.66	G13
	2	Lily Riolo	7	50.63	G13
	3	Maddi Markey	8	33.90	G13
	4	Maggie Olsen	8	35.61	G13
	5	Charlotte Riolo	10	5.59	G13

We came second in this event. Congratulations to Oscar and Max for winning their age groups and Andre for 3rd place for the boys. Well done to Jasmine for winning the Under 13 girls. We also managed to have the equal biggest team in this event.



Well done Maranatha juniors! 16 competitors in total and once again the second largest team. We managed a 3rd position overall but achieved many 1st, 2nd or 3rd places.

For all of the junior members, congratulations for doing your best and supporting each other during both training and race events.

A special thank you again to Heath Barnes for organising the training program and to all the parent helpers who made sure everything ran smoothly behind the scenes. As junior training events are always a busy time in the lodge, a special thanks to Clarky for ensuring we were all fed and watered on time to meet the huge training and race schedule.

We hope that next years events will be just as enjoyable and successful. (but hopefully a bit more snow earlier in the season).